



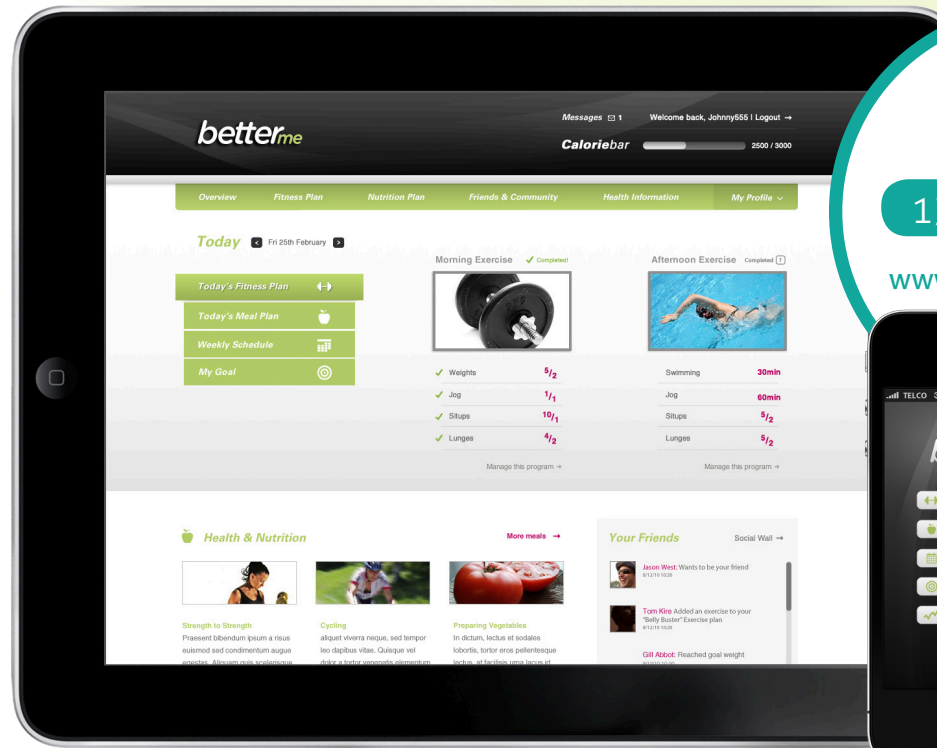
better*me*
better you

betterme

Get on track to a healthier you

Welcome to the most powerful way to boost your training, plan your ongoing health, and track your progress. BetterMe is the world's first social fitness system, allowing you to share tips and tricks with your friends, compete with your colleagues, or simply compare results. Empower yourself to achieve your personal goals with our vast library of work-outs, meals, and health news and articles, or connect with a personal trainer to give you a helping hand.

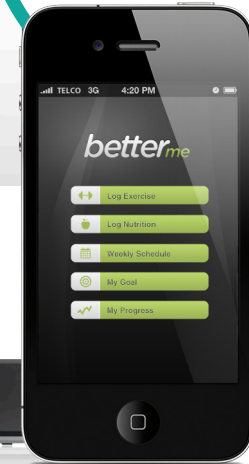
What are you waiting for? Get online now!



Call us on

1300 123 007

www.betterme.com.au



Exercise library

Help your clients to make the most out of the variety of machines on offer at your gym with our comprehensive exercise database.



Book personal trainers

Put your clients in touch with your employed or affiliated personal trainers. See what kind of results and feedback your trainers are achieving.



Social fitness

BetterMe makes use of the powerful social motivations behind exercise, allowing your clients to compare their PBs, challenge, and support each other.



Monitor nutrition plan

Our vast library of food data and recipes will help your clients manage their daily nutritional intake, improve health and maximise the effects of their membership.



Progress tracking

The intuitive and powerful tracking system within BetterMe will help your clients set fitness goals and monitor how far they have progressed.



Get ahead

The fitness market within Australia is competitive. Stay one step ahead of your competition & make full use of Australia's most sophisticated, accessible online fitness system.